

## **Family Support and Navigation: where compassion, empowerment and community connect**

### **Day One: April 15 (Thursday)**

**1:00 pm**

#### **Welcome and Opening Remarks**

- Victor Armstrong, Director of the NC Division of Mental Health, Developmental Disabilities, Substance Abuse Services
- Talley Wells, Executive Director, NC Council on Developmental Disabilities

**1:20 pm**

**Reimagining Families and Support.** Pat Dautel Nobbie, Mother, advocate and distinguished professional

**2:00 – 2:50 pm**

#### **Moving the Needle with Family Navigation and Supports**

- Cindy Ehlers, Executive Vice President, Trillium Health Resources
- Megan Roberson, DD and Transition Team Clinical Director, Trillium Health Resources
- Christie Edwards, Vice President of Clinical Operations, Trillium Health Resources
- Elissa Hanson, Director of Care Management, Community Care of the Lower Cape Fear

**2:50 - 3:00pm**

#### **Break**

**3:00 – 3:45 pm**

#### **The Value of Lived Experience When Providing Family Support**

- Benjalee Pittman, Family Navigator, The Arc of NC
- Holly Connor, Lead family navigator, Easter Seals UCP NC
- Kim Tizzard, Director of Family Support, Autism Society NC

**3:45 – 4:15pm**

**Small group discussion with guided questions** (assigned group with facilitator)

**4:15 - 4:30pm**

**Summary of group discussions, Wrap up**

**Continued**

**Day Two: April 22 (Thursday)**

- 1:00 pm**                    **Welcome and highlights from Day One**
- 1:15 -2:00pm**            **NC's Family Support ECHO Programs**
- Melinda Plue, Director of Advocacy & Chapter Development, The Arc of NC
  - Kim Tizzard, Director of Family Support, Autism Society NC
  - Kerri Eaker, Family Support Coordinator, Mission Children's Hospital/Family Support Network of WNC. Chair, NC Council on Developmental Disabilities
  - Julie Davis, Family Partner and Peer Support Specialist, Vaya Health
- 2:00 -2:55 pm**            **Responding to the Needs of Families Where They Are**
- Betsy MacMichael, mother and Executive Director, First in Families in NC
  - Samantha Parow, Family Support and Outreach Coordinator, Family Support Network of WNC
  - Mary Long, Family Partner, Division of Child and Family Mental Health and Developmental Neuroscience, Duke University Medical Center
  - Darragh Davis, Parent I/DD Navigator, Carolina Institute for Developmental Disabilities, UNC-CH
  - Remy Jodrey, Therapeutic Coaching Team Leader, NC START Central
- 2:55 – 3:05 pm**            **Break**
- 3:05 – 3:45 pm**            **Strategic Opportunities Now and Moving Forward**
- Latoya Chancey, I/DD Team Lead, Division of MHDDSAS, NC DHHS
  - Andrew Clendenin, Associate Director—Behavioral Health, Community Liaison, UnitedHealthcare Community Plan
  - Stacy Sorrells, MSML. Member Relations Director, Vaya Health LME MCO
  - Gary Maslow, MD. Associate Professor of Psychiatry and Behavioral Sciences, Co-Director of Child and Family Mental Health and Developmental Neuroscience, Assistant Professor of Pediatrics
- 3:45 to 4:15 pm**            **Small group discussion with guided questions**
- 4:15 to 4:30pm**            **Conclusion and Wrap Up: Where to Next?**