



## MEDICAL HEALTH HOMES

*Promoting Integrated, Person-Centered Care for  
People with Intellectual & Developmental Disabilities*

As a (person / family member of someone) with IDD, person-centered approaches to (my care / my family's care) positively impacts (my / their) health and well-being. It also makes a difference to our family's well-being. We would like to continue to see you for primary care.

As of April 1, 2023, individuals with significant behavioral health needs and intellectual/developmental disabilities (IDDs) will have their physical health care coordinated by one of six Tailored Plans listed below. All six were formerly known as LME/MCOs and were responsible for administering Medicaid funds in North Carolina. With the change to Tailored Plans, primary care providers and practices will need to be added to the Tailored Plan provider network if they haven't already signed up.

The organizations listed below will serve as regional Tailored Plans and are currently contracting with physical health providers. I have marked the Tailored Plan that will be managing my care.

Please let me know if your practice is part of the Tailored Plan network checked below. If not, I ask that you please consider contracting with them now to avoid disruptions in my family member's critical care.

Thank you

- Alliance Health** [www.alliancehealthplan.org](http://www.alliancehealthplan.org); Provider Line: 919-651-5005
- Eastpointe** [eastpointe.net](http://eastpointe.net); Member phone numbers: 800-913-6109, TTY: 888-819-5112
- Partners Health Management** [partnersbhm.org](http://partnersbhm.org); Provider Line: 877-398-4145
- Sandhills Center** [sandhillscenter.org](http://sandhillscenter.org); Member phone numbers: 800-256-2452, TTY: 711 or 866-518-6778
- Trillium Health Resources** [trilliumhealthresources.org](http://trilliumhealthresources.org); Contact Carolina Complete Health at 833-552-3876
- Vaya Health** [vayahealth.com](http://vayahealth.com); Email Vaya at [provider.info@vayahealth.com](mailto:provider.info@vayahealth.com)

