NC IDD Health ECHO™ for Primary Care Providers

Free CME/CEU Opportunity!

The Arc of NC and the Autism Society of NC, with support from NC DHHS, are seeking primary care providers (physicians, FNPs, PAs) across North Carolina who care for adolescents and adults with intellectual and developmental disabilities (IDD) and would like to enhance their expertise in working with this population.







with funding provided by:





What is Project ECHO?

Project ECHO™ is an online learning and guided practice model that is revolutionizing professional education. The program links clinicians practicing in local communities (the "spokes") with subject matter experts (the "hub"). It is hosted in a tele-mentoring format involving a mix of didactic presentations and in-depth case consultations.

What does participation entail?

Your commitment would include eight 90-minute sessions held twice a month. Sessions will start in February 2024 and occur on the 1st and 3rd Tuesdays of each month from 12:00-1:30pm. There is no cost to participate-CMEs, CEUs, and contact hours will also be provided free of charge.

To register, scan QR code or click here.

Didactic Topics

- -Effective Communication for People with IDD/Caregivers
- -Linking People with IDD and Autism to Community Services
- -The Fatal Five in IDD and Autism
- -Health Promotion/Screening Recommendations
- -Conducting Assessments Based on Behavior Changes
- -Management of Medication Side Effects
- -Sexual Health and Sexuality
- -Transitions from Pediatric to Adult Care

Meet the Hub Team

Rebecca Putnam, MD, MAHEC Family Medicine Kristy Myers, RN, The Arc of NC Dianne Kapherr, R.Ph.

Kim Schlegel, MSW, LCSW-A, NC PAL and CIDD

Donna Beckmann, NC Down Syndrome Alliance/parent Melinda Plue, MSW, LCSW, The Arc of NC/family member

IDD Health ECHO for PCPs has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Area L AHEC and The Arc of NC. Area L AHEC is accredited by NCMS to provide continuing medical education for physicians.



